



HEAD INJURY REPORT

Notification Form for Parents/Guardians

Student Name:

Date:

Time:

Symptoms observed:

Treatment provided:

Dear Parent/Guardian,

At school today, your child received an injury to the head. Children who receive what seems to be even a slight bump on the head should be closely watched for at least 24 hours because problems related to head injuries may not show right away. You may want to consider scheduling an appointment with your child's health care provider. Your child should be monitored by a responsible adult for the next 24 hours for the following abnormal signs and symptoms:

Call 9-1-1 and go to the nearest Emergency Department for any of the following:

• Headache that worsens	• Can't recognize people or places
• Seizure (uncontrolled jerking of arms/legs)	• Looks very drowsy/can't be awakened
• Weakness or numbness of arms/legs	• Increased confusion and/or irritability
• Repeated vomiting	• Unusual behavior
• Loss of consciousness	• Slurred speech
• Lack of balance/unsteadiness on feet	• Drainage of blood/fluid from ears or nose
• Changes in vision (double, blurry vision)	• Loss of bowel and/or bladder control

Recommendations:

AVOID medications like ibuprofen (Motrin, Advil), naproxen (Aleve), or aspirin until seen by a health care provider due to the potential of increased risk of bleeding in the brain.

Acetaminophen (Tylenol) can be tried but often won't take away a concussion headache. DO NOT give narcotic pain medication (like codeine, Norco, oxycodone, etc.).



Bakersfield City School District

*School Health
and Wellness*

School Health and Wellness

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Check for normal breathing every few hours while sleeping but **DO NOT** wake your child up unless you are concerned. If your child can't be aroused, call 911 immediately.

No after-school sports until your child is evaluated and cleared by a health care provider trained in the diagnosis and management of concussions.

Please call your child's health care provider if you have any concerns.

Sincerely,

HIC - 2 4/28/23